



BikePack Brothers

## The BikePack Brothers

*“We travel light, lets see the world”*

Ready to Roll ?

Your Bikepacking Checklist



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# Your Bikepacking Checklist

## 1 Bike Gear

### Essentials for each person:

- **Bike:** Make sure it is in good condition with tuned gears and brakes
- **Spare tubes:** At least two, suitable for your tires
- **Bike lights:** Front and rear, with extra batteries or USB charger
- **Bike bags:** Selection of frame bag, saddle bag, handlebar bag, and top tube bag
- **Water bottles/hydration system:** At least two bottles or a hydration pack
- **Helmet:** A must for safety

### Essentials for the group (planning before the trip is essential):

- **Tire levers:** For changing tubes
- **Mini pump or CO2 inflator:** For inflating tires
- **Patch kit:** For repairing punctures
- **Multitool:** With Allen wrenches, screwdrivers, and chain tool
- **Chain lube:** For keeping the drivetrain smooth
- **Navigation-tool:** GPS device, smartphone or paper maps
- **Spare chain links:** Check which chain you have (?-speed)
- **Brake pads:** disc/rim-brakes (compatible with your bike?)

### Optional:

- **Bike lock:** For securing your bike when needed
- **Duct tape:** For quick repairs
- **Zip ties:** For securing loose items
- **Cords/Straps:** For additional securing of gear
- **Derailleur hanger:** Spare in case of damage



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## 2 Clothing

### 2.1 On the bike

#### Essentials:

- **Cycling shorts/padded shorts:** For comfort during long rides
- **Cycling jersey:** Breathable and moisture-wicking
- **Base layers:** Depending on weather conditions
- **Jacket:** Waterproof and windproof
- **Cycling shoes:** Suitable for your pedals
- **Socks:** Merino wool or synthetic for moisture-wicking

#### Optional (weather dependent):

- **Overshoes or Booties**
- **Gloves**
- **Arm/leg warmers**
- **Buff**
- **Hat/cap:** For under the helmet in cold weather or sun protection

### 2.2 Off the bike

#### Essentials:

- **T-shirt**
- **Shorts**
- **Underwear**
- **Socks**
- **Shoes:** Compact to pack (e.g. flip-flops)

#### Optional (weather dependent):

- **Swimwear:** Can be combined with short pants
- **Long pants:** leg warmers can also do the job
- **Jacket:** Can be combined with jacket on bike
- **Sweater:** Preferable no hoodie, takes too much space



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## 3 Personal Items

### Essentials for each person:

- **ID and cash:** In a waterproof bag
- **Credit/debit card:** For emergencies
- **Toiletries:** Toothbrush, toothpaste, personal hygiene products
- **Towel:** Quick-dry
- **Sunglasses:** With UV protection
- **Charger/power bank:** For GPS, Smartphone, Lights, Electric gears, Watch, Heart Rate monitor...

### Essentials for the group (planning before the trip is essential):

- **Sunscreen:** High SPF
- **First aid kit:** Including bandages, disinfectant, and pain killers

### Optional:

- **Passport:** Check if it is needed for your trip
- **Visa:** Depends on the region
- **Adapter converter:** Depends on region
- **Toiletries:** Soap, wet wipes, toilet paper, Sudocrem (for rash)
- **Earplugs:** For a good night's sleep
- **Glasses**
- **Camera:** mostly smartphone
- **Insect repellent**

## 4 Camping Gear (optional)

- **Tent:** Lightweight and compact
- **Sleeping bag:** Appropriate for the season
- **Sleeping pad:** For comfort and insulation
- **Camping stove:** With fuel
- **Cookware:** Pot, pan, spork, and cup
- **Food:** Dehydrated meals, snacks, and energy bars
- **Water filter/purification tablets:** For safe drinking water
- **Fire starter:** Matches, lighter, or fire steel



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## 5 Nice to haves (optional)

- Deck of cards
- Speaker